

# Lady Boss Retreat

Confidence | Clarity | Community



**Masterminding in Paradise**  
So much fun, you'll feel  
guilty calling it work!



Ports of Call		Arrival	Departure
Day 1	Miami, Florida	-	4:00 PM
Day 2	Key West, Florida	7:30 AM	2:00 PM
Day 3	Cozumel, Mexico	1:00 PM	10:00 PM
Day 4	At Sea	-	-
Day 5	Miami, Florida	8:00 AM	-

# What to Expect

Use this guide to help you prepare for your upcoming trip.

## **Trip Details:**

Ship Name: Carnival Victory

Dates: May 7th- May 11th - Miami, Key West, & Cozumel

Port of Departure & Arrival: Miami, FL.

## **Travel Agent at Expedia.com:**

Bob

Dial 888-249-3978

Choose Option 6

Extension 710197076

## **Important Dates:**

Departure: Miami, Florida, **May 07, 2015** - 04:00 PM

Disembarkation (Getting off the ship): Miami, Florida, **May 11,**  
2015 - starting at 08:00 AM

**Our Trip:**

**Day 1 (Thursday):**

6:00 pm- Meet & Greet at the pool

7:00pm Dinner as a group (location TBA)

**Day 2 (Friday):**

7:30 am - 2:00pm -Free time (Enjoy Key West!)

4:00 - 6:30 pm- Group Mastermind (location TBA)

7:00pm- Dinner as a group

**Day 3 (Saturday):**

9am- noon- Health & Prosperity (location TBA)

1:00 pm- 10:00 pm Free time (Enjoy Cozumel)

7:00pm Lady Boss Dinner (location TBA)

**Day 4 (Sunday):**

10:00 am Lady Boss Brunch (location TBA)

Noon- 6:00pm Leadership Training & Masterminding (location TBA)

7:00 pm Lady Boss Farewell Dinner & Ceremony (location TBA)

**Day 5 (Monday morning):** Disembarkation

## How cruising works:

### *Preparing For The Voyage - Insider Tips from Expedia*

- Air/Hotel Travel Planning (if applicable)- Plan your air travel promptly as prices will generally increase as the sailing date approaches. If you are using airline mileage, it's advisable to book early. If you have purchased cruise line air and ground transfers, please follow the cruise line instructions and use supplied vouchers as instructed. Here are some other important tips:

- Be wary of close connecting flights (especially if traveling during the winter months). Have a good back-up plan if you're traveling through an airport that has many connecting carriers and flights (example: Chicago's O'Hare Airport). Minimize connections if traveling with children, or disabled, or older adults. Also, in advance of your flight, make any special requests (meals, wheelchairs), and clear the use of medical support devices required for travel. Finally, be aware of airline meal options so that you can supplement or replace with your own meals if you'd prefer.

- Always book flights that are scheduled to arrive several hours before sailing. If you book a late arriving flight that is delayed, the cruise ship will sail without you. If you are concerned about late arrival to your port city, carry your luggage on the plane with you to avoid waiting at baggage claim.

- Give yourself plenty of time - Fly to your cruise embarkation city the day before the cruise (or earlier if you prefer). Relax in a pre-cruise hotel, or indulge in a delicious meal or two before boarding your "floating" resort. Do not reserve hotels that are a long distance from the port and avoid

booking car rentals. For the best deals on hotels and air travel, visit Expedia. If you are driving to the port of embarkation, please review the port details, including directions and fees.

- Transfers or Taxi? - This is a frequently asked question and the answer is: both! If your airport/hotel is within 30 minutes of the embarkation port, a taxi or car service is usually the most convenient method of getting to your ship. However, for ports/hotels that are more than 30 minutes from the airport, purchasing the cruise line transfer is probably the best bet. Do your research to determine best option for you.
- Get Your Passports! - Expedia strongly recommends that every traveler have a passport. If in the event of an emergency you have to disembark the ship early, having a passport will allow you to fly back to the U.S. without significant delays. If you do not have a passport, allow a minimum of 6-8 weeks before your cruise to get one. Citizens of other nationalities may require special documentation and tourist visas. If you are not a U.S. citizen, please contact your local consulate to obtain all the necessary documentation for your trip.
- Cruise Online Check-In - Expedite the embarkation process by checking in online. Don't wait until the last minute - go to <http://www.carnival.com> and complete the advanced registration in the online check-in link (where applicable).
- Clothing/Packing - Generally, dress codes are relaxed on cruise ships today, so think, "resort casual" and "comfort." Focus on packing clothing that is climate appropriate with lots of mix and match items. Walking shoes are a must, as are comfortable shoes that can be removed easily

for airport security. Bathing suits (with appropriate cover ups), shorts, or casual pants are perfect for days at sea. Avoid wearing bathing suits during the day in the formal dining room. Bring two bathing suits to allow for drying time.

In the evening, casual attire is fine, although collarless shirts are generally not allowed. On formal evenings, gentlemen can be seen in tuxedos, suits, or sport coats, while the ladies' wear runs the gamut from evening gowns to tea length dresses and pant suits. If you want to avoid using the ship's laundry, dry cleaners (where available), or self-service laundry (where available), bring along "easy care" or "no iron" options.

Be sure to bring your laptop and/or journal to take notes during masterminding sessions and training events.

- Luggage - The easiest way to avoid lost luggage is by carrying your bags with you on the plane. However, if traveling with children, or older or disabled adults, checking as many bags as possible will make getting to the gate and boarding the plane a much simpler process. Make sure that each bag has an identification tag (name, address, cell phone). Also, place an easily identifiable ribbon, tape, strap, etc. to make your bag stand out from other bags on the baggage claim carousel. Finally, check your airline's baggage policies, particularly for cruises departing outside of North America. Be sure to check the maximum dimensions allowed by the airline for carry-on as well as checked bags. Also, many international carriers have maximum weight limits with huge cash penalties for weight overages: it could cost you dearly if you don't plan!
- Gratuities: It is recommended that you plan for \$12 a day per person for gratuities on the ship.

**Lady Boss Behavior:**

It is up to you how much you get out of this event. To maximize your experience please be responsible of your time, the activities you choose, and participate as much as possible with the group.